



Helen Morris

Manchester / UK

Current position

Helen Morris is Lead Interstitial Lung Disease specialist nurse of the Manchester ILD service at Wythenshawe hospital. She has led the Interstitial Lung Disease Specialist Nursing service from 2013-2018 and has overseen the development of the service in becoming a large North West of England network. Her strengths are providing leadership and service development support.

Clinical

Her role includes the clinical assessment of new ILD patients in a day-case environment, counselling new patients' choice of medication and providing appropriate support and monitoring. The service provides 3 nurse led clinics and 1 telephone clinic per week as well as the daily coordination of the new patient day case unit.

She provides a satellite ILD nurse led clinic monthly to monitor patients who live in the North of Manchester, crucial to linking secondary and tertiary care aiming to streamline the pathway of care for patients

She supports a network of Specialist Nurses and Advanced Practitioners in the North West of England to provide idiopathic pulmonary fibrosis patients with care closer to home. Helen is a non-medical prescriber who initiates and maintains antifibrotic treatment and prescribes side effect and symptom management treatments. The team provide supportive care throughout the patients' disease, managing palliative care needs and advising on end of life care.

She has an extensive respiratory background working as a junior sister on a respiratory ward, a COPD specialist nurse in the community providing hospital at home, community response and pulmonary rehabilitation to COPD patients in South Manchester. She has worked in long term conditions management in a community matron service and was involved in developing the service in Central Manchester.

Teaching

Helen has a degree in Nursing Practise and is currently studying for an MSc in Respiratory practise, she is due to start her dissertation in May 2018.

Professional Service

She is a member of the ILD-INN committee. She is a member of the BTS Nurse Group and nurse representative on the BTS specialist workforce committee.

Helen has spoken about the Manchester ILD team service development and network model in Northern Ireland and Denmark. She has also spoken for the British Lung Foundation and has been on roundtable discussions about developing IPF services in the UK.